



education

Department:
Education
North West Provincial Government
REPUBLIC OF SOUTH AFRICA

PROVINCIAL ASSESSMENT

GRADE 6

**LIFE SKILLS
PERSONAL AND SOCIAL WELL-BEING
MARKING GUIDELINES**

MARKS: 30

These marking guidelines consist of 7 pages.

SECTION A**QUESTION 1:**

Question	POSSIBLE ANSWERS	MARKS	LEVEL
1.1	B ✓	(1)	1
1.2	A ✓	(1)	1
1.3	C ✓	(1)	1
TOTAL QUESTION 1:		3	

QUESTION 2:

Question	POSSIBLE ANSWERS	MARKS	LEVEL												
2.1	Food borne disease: A food-borne disease is an infection or irritation of any part of the digestive tract that is caused by food or drinks that contain harmful bacteria, parasites, viruses, or chemicals ✓ (Any other relevant response.)	1	2												
2.2	<p>Vitamins:</p> <p>Vitamins are stored in the fatty tissues of your body and in the liver. Some are stored for a few days and others for months, until your body needs them. Here are a few examples of vitamins and what they do.</p> <table border="1" style="width: 100%;"> <tbody> <tr> <td>Vitamin A</td> <td>Helps you see at night and helps your body fight infections.</td> </tr> <tr> <td>Vitamin D</td> <td>Helps to make strong bones.</td> </tr> <tr> <td>Vitamin E</td> <td>Helps to protect your skin.</td> </tr> <tr> <td>Vitamin K</td> <td>Helps to stop bleeding.</td> </tr> <tr> <td>Vitamin C</td> <td>Helps to fight infections.</td> </tr> <tr> <td>Vitamin B</td> <td>Helps to make energy, protein and red blood cells.</td> </tr> </tbody> </table> <p>✓ (Any other relevant response)</p>	Vitamin A	Helps you see at night and helps your body fight infections.	Vitamin D	Helps to make strong bones.	Vitamin E	Helps to protect your skin.	Vitamin K	Helps to stop bleeding.	Vitamin C	Helps to fight infections.	Vitamin B	Helps to make energy, protein and red blood cells.	1	2
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2.3	Bacteria: Are micro-organisms that can be in food. These micro-organisms can cause food poisoning and this leads to unpleasant symptoms such as stomach pains, diarrhoea and vomiting. ✓ (Any other relevant response)	1	2												
TOTAL QUESTION 2:		3													

QUESTION 3

Question	POSSIBLE ANSWERS	MARKS	LEVEL
3.1	D ✓	1	1
3.2	C ✓	1	1
3.3	B ✓	1	1
TOTAL QUESTION 3:		3	

QUESTION 4

Question	POSSIBLE ANSWERS	MARKS	LEVEL
4.1	True ✓	1	1
4.2	True ✓	1	1
4.3	False ✓	1	1
TOTAL QUESTION 4:		3	

QUESTION 5

Question	POSSIBLE ANSWERS	MARKS	LEVEL
5.1	I would play with my pet. I will feed my pet on a daily basis. I will give my pet food and water daily. I would wash my pet. I would brush my pets hair. ✓ (Any one relevant response to be marked correct)	1	2
5.2	I have to give Kitty food and water before I go to school. I need to ensure that the window is open in order for Kitty to go outside. I need to ensure that Kitty's sleeping place is neat and tidy. ✓ (Any relevant response)	1	1
5.3	Please do not hit or kick Kitty. You must not slap Kitty. You must not leave Kitty without food and water. ✓ (Any other relevant answer.)	1	3
TOTAL QUESTION 5:		3	
TOTAL SECTION A:		15	

SECTION B**QUESTION 6:**

Question	POSSIBLE ANSWERS	MARKS	LEVEL
6.1	The infection has three stages. It starts with the appearance of little, itchy bumps. Those bumps turn into blisters filled with fluid. The final stage is when scabs form over the bumps. In addition to the itchy bumps and scabs, Chickenpox can cause fever, headache, dry cough and/or loss of appetite. ✓ (Any other relevant explanation.)	1	2
6.2	Swollen, painful salivary glands on one or both sides of your face, fever, headache, weakness and fatigue, loss of appetite, pain while chewing or swallowing. ✓ (Any other relevant explanation.)	1	2
6.3	Wear a mask. Sanitize your hands regularly. ✓ (Any other relevant explanation.)	1	2
6.4	<p>Positive</p> <ul style="list-style-type: none"> • Looking respectfully into the eyes of the person you are talking to. • Trying to put yourself into that person’s shoes – this is called empathy. • Being calm and polite. • Remembering that other people don’t have to agree with you. • Showing interest and respect for other people’s views and opinions. • Waiting until you are calm before communicating. • Not interrupting a person who is speaking. • Standing assertively – shoulders down, hands at side and feet slightly apart ✓ (Any one response) <p>Negative</p> <ul style="list-style-type: none"> • Looking threateningly into the eyes of the person you are talking to. • Staring at other things or do something else while the person is speaking. • Saying what you like even if you think it will upset the other person. • Being aggressive and rude. • Expecting other people to always see things your way. • Interrupting people when they are explaining something. 	1	1

	<ul style="list-style-type: none"> Using aggressive body language – pointing, hands on hips, arms tightly folded, chest pushed forward, shoulders raised and feet wide apart. ✓ (Any one response) 		
	TOTAL QUESTION 6:	5	

QUESTION 7

Question	POSSIBLE ANSWERS	MARKS	LEVEL	
7	1. Stand behind the person. 2. Wrap your arms around the waist. 3. Tip the person forward slightly. 4. Make a fist with one hand. Position it slightly above the person's belly button. 5. Grasp the fist with the other hand. 6. Press hard into the abdomen with a quick, upward thrust - as if trying to lift the person up. 7. Perform a total of 5 abdominal thrusts, if needed. If the blockage still isn't dislodged, try another 5 thrusts. 8. If breathing doesn't resume, call for emergency medical help. (Any 5 relevant answers.) ✓✓✓ ✓✓	5	3	
Rubric				
1 Mark	2 Marks	3 Marks	4 Marks	5 Marks
Can name 1 way how to help a person that is choking	Can name 2 ways how to help a person that is choking	Can name 3 ways how to help a person that is choking	Can name 4 ways how to help a person that is choking	Can name 5 ways how to help a person that is choking
	TOTAL QUESTION 7:		5	

QUESTION 8

Question	POSSIBLE ANSWERS	MARKS	LEVEL
8.1.1	<p>Preparing food</p> <ul style="list-style-type: none"> • Don't handle food if you have stomach problems, such as diarrhoea or vomiting, or if you're sneezing or coughing regularly. • Check food labels before you decide what to use. • Shop-bought foods may come with two dates: a use-by date and a best before date. • Don't use any foods that have passed their use-by date, even if you think they look fine, as they may not be safe to eat. • Keep anything that should be refrigerated out of the fridge for as short a time as possible, especially if the temperature is high or the room is very warm. • Always use different chopping boards and utensils to prepare raw meat or chicken or fish. • This is because raw meat may contain harmful bacteria that can spread easily to anything it touches. • If you use the same chopping board for meat and vegetables then the vegetables might become contaminated. ✓ <p>(Any one relevant response)</p>	1	2
8.1.2	<ul style="list-style-type: none"> • I can get HIV by being around people who are HIV-positive. • HIV or AIDS can be cured. • I would know if I or my loved one, had HIV. • The HI Virus does not cause AIDS. • AIDS is a disease. • HIV is the same as AIDS. • Mosquitoes can spread the HI Virus. ✓ <p>(Any one relevant response)</p>	1	2
8.2.1	<p>The motto of the coat of arms - !ke e:/xarra//ke - is in the Khoisan language and means "people who are different joining together". ✓</p> <p>(Any other relevant explanation.)</p>	1	2
8.2.2	<p>Flying the flag</p> <p>When it is displayed horizontally or vertically, the hoist should be to the left of the viewer and the red band at the top. ✓</p>	1	2

8.3	He can print any national emblem on his T-shirt. (The flag, Springbok, Galjoen, Protea ✓ (Any relevant answer.) Write by describing or draw.	1	2
	TOTAL QUESTION 8:	5	
	Total Section B:	15	
	Grand Total:	30	